

Additional Resources for Providers

BMI Calculators and Information

- 2000 CDC Growth Charts | www.cdc.gov/growthcharts
- WHO Growth Standards | http://www.cdc.gov/growthcharts/who_charts.htm
- CDC Z Score Data Files | <http://www.cdc.gov/growthcharts/zscore.htm>
- CDC Child and Teen BMI Calculator | <http://apps.nccd.cdc.gov/dnpabmi/>
- KidsHealth BMI | http://kidshealth.org/parent/growth/growth/bmi_charts.html
- Children's BMI Risk Category Dependent on Age | www.cdc.gov/nccdphp/dnpa/bmi
- BMI Adults National Heart, Lung & Blood Institute | www.nhlbisupport.com/bmi

National Resources

- American Academy of Pediatrics | www.aap.org/obesity
- Bright Futures in Practice | www.brightfutures.aap.org/web
- Harvard Prevention Research Center | www.hsph.harvard.edu/prc
- National Initiatives for Children's Healthcare Quality – Childhood Obesity Action Network | http://www.nichq.org/register_coan.html?returnpage=/online_communities/coan/index.html
- National Initiatives for Children's Healthcare Quality – Be Our Voice | www.nichq.org/advocacy
- Collaborate for Healthy Weight | <http://www.collaborateforhealthyweight.org/>
- Let's Move | www.letsmove.gov
- CDC Guide to Breastfeeding Interventions | <http://www.cdc.gov/breastfeeding/resources/guide.htm>

Resources for Parents and Kids

- Healthy Eating and Activities for Kids & Parents | www.kidnetic.com
- KidsHealth | www.kidshealth.org
- Choose My Plate | www.choosemyplate.gov
- Overview of the VERB Campaign | www.cdc.gov/youthcampaign
- Children and Nature Network | www.childrenandnature.org
- Screen Time | www.screentime.org
- CDC Physical Activity | www.cdc.gov/physicalactivity
- Meals for You | www.mealsforyou.com
- Make Your Calories Count | <http://www.fda.gov/Food/LabelingNutrition/ConsumerInformation/ucm114022.htm>

Maine Resources

- Action for Healthy Kids is about creating health-promoting schools that support sound nutrition and physical activity as part of a total learning environment. | www.healthymainekids.org
- Healthy Policy Partners of Maine | www.mcd.org/HPP
- Healthy Maine Partnerships Info & Contacts by Town | www.healthymainepartnerships.org
- Healthy Maine Walks & Sites | www.healthymainewalks.org
- Maine Bureau of Parks and Lands | www.maine.gov/doc/parks
- Bicycle Coalition of Maine | www.bikemaine.org
- Let's Go! Maine information for kids, teens, parents, childcare, healthcare providers, schools and workplaces | www.letsgo.org
- Maine Census Data | www.state.me.us/newsletter/may2001/maine_census_data.htm
- Maine Center for Public Health | www.mcph.org
- Maine Chapter of the American Academy of Pediatrics | www.maineaap.org
- Maine Children's Alliance/Maine Kids Count Data Book | www.mekids.org
- Maine Department of Education | www.maine.gov/education
- Maine Governor's Council on Physical Activity | www.maineinmotion.org
- Maine Prevention Research Center | <http://www.une.edu/mhprc/>
- MaineHealth Learning Resource Centers | www.mainehealth.org/lrc
- Maine Nutrition Network | www.maine-nutrition.org
- Maine Physical Activity & Nutrition [PAN] Program | www.maine.gov/dhhs/boh/hmp/panp
- Maine WIC Program | www.maine.gov/dhhs/wic
- March into May | www.marchintomay.org
- WinterKids | www.winterkids.org