

Using the Toolkit: Helpful Hints

- Single copies of the *Toolkit* can be ordered FREE of charge by physician practices, hospitals, health centers, and other healthcare organizations in Maine. To order your first copy, email infoletsgo@mmc.org. Additionally, we're available to come to you for a hands-on demonstration on how to use the *Toolkit* in staff meetings or other venues.
- Multiple copies of the *Toolkit* are available at cost, including shipping and handling charges.
- Multiple copies of the *5, 2, 1, and 0 brochures* can be ordered FREE for use in the state of Maine. A minimum of 50 copies must be ordered. Please email infoletsgo@mmc.org for more copies. If you are a practice affiliated with the MMCPHO and have access to the JS McCarthy online catalog, you may order them there as well.
- Out-of-state orders will be charged at cost, including shipping and handling.
- You may co-brand many of these materials by adding the logo, name, and address of your organization. Please do NOT delete the Let's Go! logo or website.
- All of the tools and resources except the flipchart and the BMI wheel can be downloaded in PDF format from the Let's Go! website by logging on to www.letsgo.org and clicking on "Healthcare".
- Please contact us if you would like additional copies of the *Pediatric Obesity Clinical Decision Support Chart*.
- Should you wish to make any changes in the content of the materials, please contact us to request our permission.

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